HEALTH SERVICES
Under 7,500 Division

FIRST PLACE

The Independent Voice of Blythewood and Fairfield County

Ashley Ghere
and
Blythewood Dentistry

“Score a winning smile”

Judge’s Comments: Great use of white space and graphic, dominates page, simple, nice composition.
HEALTH SERVICES
Under 7,500 Division

SECOND PLACE
Pickens County Courier
Emily Wright
and
The Foothills Retirement Community

“Fall in Love with Foothills Festival”
Thursday, November 8th
3 - 5:30 p.m. - Health and Wellness Fair
5:30 p.m. - BBQ & The Last Road Bluegrass Band
We will host over 20 vendors at our Health Fair including informational booths by representatives from the V.A. and many others including Flu Shots that will be available as well.
RSVP: Donna Owens 307.1977 no later than November 2 | 205 Bud Nalley Drive | Easley
HEALTH SERVICES
Under 7,500 Division

THIRD PLACE

News and Press

Duane Childers
and
Genesis Health Care

Be Strong
Be Confident
Be Aware

Mothers, daughters, sisters and even men are diagnosed every day with breast cancer. That's why having a reliable source of information and support is so important. From facts and figures to dietary prevention measures and more, get the latest information focused on breast cancer awareness and prevention.

Signs To Watch For:
• Painless lump in breast or abdomen or underarm
• Breast pain or heaviness
• Persistent changes to breast such as swelling, thickening or redness
• Nipple abnormalities

Raise your awareness online now at www.nationalbreastcancer.org

Call to make an appointment to discuss any symptoms or questions you have about your specific health issues.

Genesis Health Care, Inc.
Deeply Rooted In Our Community

201 Cashua Street, Darlington
843-393-7452
HEALTH SERVICES
7, 500 - 12,000 Division

FIRST PLACE
The Lancaster News

Lori Sistare and Vicki Jenkins
and
Palmetto Tri-County Internal Medicine

Judge’s Comments: Good headline with art that draws the reader into the ad. All information is included... phone, address... good offer.
HEALTH SERVICES
7,500 - 12,000 Division

SECOND PLACE

The Lancaster News

Lori Sistare and Vicki Jenkins
and

University of South Carolina - Lancaster
Could a vision disorder be affecting your child’s ability to succeed in the classroom? It is important to know that a typical school screening exam cannot detect all vision problems. Only a comprehensive eye examination can detect and diagnose the vision problems that may interfere with your child’s performance. Call us today for an appointment with one of our children’s vision specialists.

CHILDREN’S FRAMES BY:
Vera Bradley • Lilly Pulitzer • Hello Kitty • Nike New Balance • Sketchers • Jill Stuart • Flexon Wildflower • X-Games and More

Southern Eye Associates
864.269.3333
www.southern-eye.com
Greer Memorial Campus • 100 Physicians Dr. • Greer, SC 29650
Greenville Location • 113 Doctors Drive • Greenville, SC 29605
HEALTH SERVICES
12,001 - 35,000 Division

FIRST PLACE

Summerville Journal Scene
Sarah Wiggins and Ashlee Kositz
and
KD Optical

Judge’s Comments: Excellent use of color in eye-catching space, simple, straight to the point.

Having trouble seeing the Smartboard?
Come and see us!
Designer Eyewear
We accept most insurance.
We have a community outreach program.

KD Optical
447 S. Railroad Ave. #99 Ridgeville, SC 29472 843-821-9150

#PALMYAwards
HEALTH SERVICES
12,001 - 35,000 Division
SECOND PLACE
The Columbia Star
Gail Trebuchon and Pam Staples
and
Still Hopes Episcopal Retirement

Aquatics Classes!
Have Fun and Work Out at the Same Time!

Still Hopes Episcopal Retirement Community Warm-Water Pool
A wide variety of classes for those aged 55+
(18 class sessions per week)
Workouts vary from low-energy to high energy
Simple, but effective gentle water walking, moderate energy traditional water aerobics, to high energy water dance...
in other words, something for everyone.
Starting October 2nd - Splash Dance!!
* A fun, low-impact, high-energy workout dancing to your favorite tunes in the water.
* Aqua Dance will give new meaning to the idea of an invigorating workout.
* Splashing, stretching, twisting, even shouting and laughing will all be part of this fun class.
* Integrating dance forms and philosophy with traditional aqua fitness disciplines, all
* blended together into a safe, challenging, water-based workout that's cardio-conditioning,
* body-toning, and most of all, exhilarating beyond belief.
Get fit and have fun at the same time!
Call 223-6180
dheimlich@stillhopes.org

STILL HOPES
Episcopal Retirement Community
One Still Hopes Dr. • West Columbia, SC
803-223-0180 • www.stillhopes.org
HEALTH SERVICES
12,001 - 35,000 Division

THIRD PLACE

Index-Journal

Brett Stackhouse and Bonner Hozey
and
Piedmont Plastic Surgery

“Summer 2013”
HEALTH SERVICES
Over 35,000 Division

FIRST PLACE
Greenville Journal
Kristy Adair
and
Donelson Eye Associates

Judge’s Comments: Ad is clean and eye-catching. Great use of space and typography.
HEALTH SERVICES
Over 35,000 Division

SECOND PLACE

Greenville Journal

Kristy Adair
and
Clemson Eye

Considering eye surgery?
We are the FIRST in the Upstate to feature LenSx™ and offer
Custom Laser Cataract Surgery and Advanced Lens Exchange.
Call today for more information!

Clemson Eye
Visual Health & Surgery

Not getting enough sleep?

DID YOU KNOW that there are at least 84 disorders of sleeping and waking that lead to a lowered quality of life and reduced personal health. These disorders can endanger public safety by contributing to traffic and industrial accidents. Some sleep disorders can be life threatening.

62% of American adults experience a sleep problem a few nights per week

- 70 Million people suffer from insomnia
- 43 Million people suffer from sleep-disordered breathing
- 40 Million people in the U.S. have a chronic sleep disorder
- 20 Million people suffer from restless leg syndrome
- 200,000 people suffer from narcolepsy
- $18 Billion — the estimated cost to U.S. employers in lost productivity due to sleep loss issues

Let our team of highly-trained medical professionals help determine if you have a sleep-related disorder.

SOUTHEAST REGIONAL SLEEP DISORDERS CENTER

www.southeastregionalsleep.com | 864-627-5337

GREENVILLE - 357 Woodruff Rd. | EASLEY - 600 North A St. | ANDERSON - 129 Pelham Ln. | CLINTON - 400 Plaza Cir., Ste. G